



WESTCLIFF LAWN TENNIS CLUB USE OF CHANGING FACILITIES POLICY

VERSION 1.3 – AUGUST 2026

- Updated details of new Club Welfare Officer and Club Chairperson

USE OF CHANGING FACILITIES POLICY

INTRODUCTION

WLTC recognises the additional heightened safeguarding risks that comes with children potentially sharing changing rooms and showering facilities with adults.

This policy should be read in conjunction with WLTC's Safeguarding Policy, available on the Club website.

POLICY ON THE USE OF CHANGING ROOMS

Westcliff Lawn Tennis Club strives to ensure that all children (anyone under 18) are safeguarded from abuse and have an enjoyable tennis experience.

This policy applies to all staff, coaches, volunteers, players, parents/carers and any other individuals associated with WLTC and strives to reduce any risks and potential vulnerability associated with mixing adults and children when changing and showering.

This document sets out the club's policy for the acceptable use of our changing rooms.

1. Please be aware that both adults and children have full use of the changing rooms, therefore we recommend where possible, that children get changed/showered at home. The Club is unable to provide separate changing and showering facilities for children under the age of 18.
2. Any child aged 8 and under must be accompanied into the changing rooms by a parent/ carer of the same gender.
3. Any child aged 8 or under must be accompanied by a parent/carers if taking a shower.
4. Any child between the age of 9 and 18 needing to change must be made aware by the parent / carer that adults also use the changing rooms.
5. Under no circumstances will adult staff, coaches or volunteers change or shower at the same time as children using the changing rooms.
6. If we are made aware that a child or adult self-identifies as a gender that differs from the gender they were assigned at birth, we will discuss this with them and their parents/carers (where it relates to a child), and any decisions to make reasonable adjustments will be made on a case-by-case basis, taking into consideration all children's safety.
7. Mobile phones and other electronic devices must not be used in changing rooms.

Chairperson: Peter Carter

Date: 10/08/2026

Welfare Officer: Alan Knightly

Date: 10/08/2026